



Februar 2023

## Ridehold

<b>Mandag</b>	16:00 - 16:30 Let øvet	16:30 - 17:00 Begynder/Let øvet (x2)	17:00 - 17:30 Begynder/Let øvet	17:00 - 17:45 Let øvet/Øvet	17:45 - 18:30 Let øvet/Øvet
<b>Tirsdag</b>	16:00 - 16:30 Begynder/Let øvet	16:30 - 17:00 Let øvet	17:00 - 17:45 Let øvet/Øvet		
<b>Onsdag</b>	16:15 - 16:45 Begynder/Let øvet	16:45 - 17:15 Let øvet	17:15 - 18:00 Let øvet/Øvet		
<b>Torsdag</b>		17:00 - 17:30 Begynder/Let øvet	17:30 - 18:00 Begynder/Let øvet	18:00 - 18:45 Let øvet/Øvet	18:45 - 20:15 Springning
<b>Fredag</b>	15:30 - 16:00 Begynder/Let øvet	16:00 - 16:30 Begynder/Let øvet	16:30 - 17:15 Let øvet/Øvet		
<b>Lørdag</b>	10:15 - 11:00 Let øvet/Øvet	11:00 - 11:30 Begynder/Let øvet			
<b>Søndag</b>					

- Hvis du er forhindret i at komme til undervisningen, så ring eller send en sms til Kate (mobil 20 82 30 60) og underviseren •

Husk at rense hovene og at strigle hestens hoved, hals, krop og ben både før og efter ridetimen

## Classes

<b>Monday</b>	16:00 - 16:30 Intermediate	16:30 - 17:00 Beginners/Intermediate	17:00 - 17:30 Beginners/Intermediate	17:00 - 17:45 Intermediate/Advanced	17:45 - 18:30 Intermediate/Advanced
<b>Tuesday</b>	16:00 - 16:30 Beginners/Intermediate	16:30 - 17:00 Intermediate	17:00 - 17:45 Intermediate/Advanced		
<b>Wednesday</b>	16:15 - 16:45 Beginners/Intermediate	16:45 - 17:15 Intermediate	17:15 - 18:00 Intermediate/Advanced		
<b>Thursday</b>		17:00 - 17:30 Beginners/Intermediate	17:30 - 18:00 Beginners/Intermediate	18:00 - 18:45 Intermediate/Advanced	18:45 - 20:15 Jumping
<b>Friday</b>	15:30 - 16:00 Beginners/Intermediate	16:00 - 16:30 Beginners/Intermediate	16:30 - 17:15 Intermediate/Advanced		
<b>Saturday</b>	10:15 - 11:00 Intermediate/Advanced	11:00 - 11:30 Beginners/Intermediate			
<b>Sunday</b>					

- If you are unable to come to class, please call or send a text message to Kate (mobile 20 82 30 60) and the instructor •

Remember to clean the hooves and to groom the horse's head, neck, body and legs before and after riding